

# Sew Fast



**Fabric Café**<sup>®</sup>  
Putting the Fun Back in Quilting!

# Fabric Café®

Putting the Fun Back in Quilting!



*A personal letter: from  
Donna Robertson &  
Fran Morgan, owners  
and designers for Fabric  
Café!*

Thank you for your purchase! We hope you will enjoy making your new quilt. We think you will find the instructions easy to follow and that the end results of your new quilt will be to your satisfaction. Should you have any questions or need our assistance, please don't hesitate to contact us at [welisten@fabriccafe.com](mailto:welisten@fabriccafe.com) or call us toll-free 866-855-0998.

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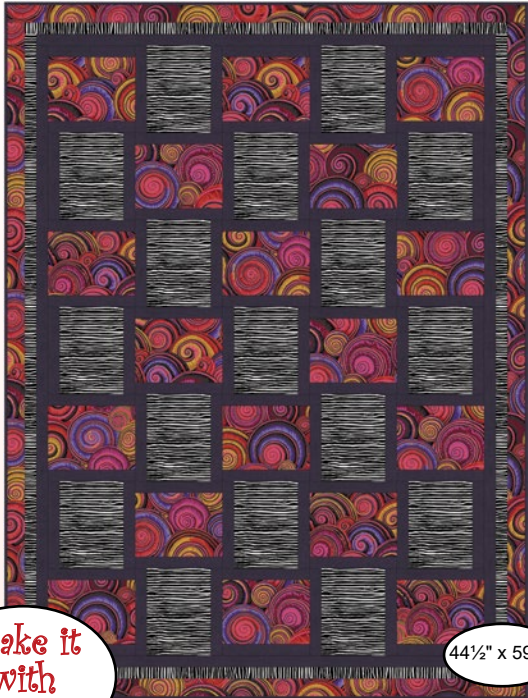
*Donna Robertson*

*Fran*

New Version

Fabric Café®

091526-01



Make it  
with  
3 yards

44½" x 59½"

Sew Fast

## Sew Fast

### Materials List

#### Quilt Top

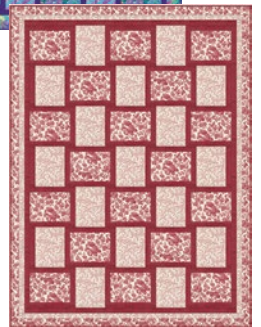
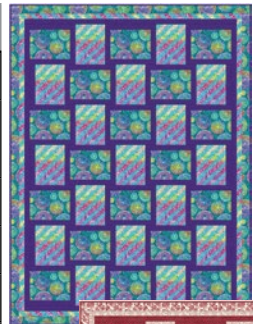
- 3 coordinating fabrics of 3, 1 yard cuts

#### Backing Fabric

- 3 yards of fabric

#### Other Materials

- Twin-size batting
- Sewing thread to match fabric



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# Sew Fast

Designed by Donna Robertson

**Finished Size:** 44½" x 59½"

**Note:** WOF means "width of fabric." Seam allowance is ¼" throughout. This quilt is intended as an economy quilt designed to utilize 44" wide fabric most efficiently. If you choose to prewash fabrics, overcast raw edges to avoid loss of fabric through raveling. We use a single fold binding. Tutorial available at fabriccafe.com. If double fold binding is preferred, an additional ½ yard of fabric is needed.

## Cutting Instructions

### From Fabric #1:

\* Cut 3, 6" x WOF for **Strip Assembly "A"**

\* Cut 1, 6" x WOF; from this strip, cut 1, 6" x 25" for **Partial Strip Assembly "A"**

\* Cut 5, 2" x WOF for border #3

### From Fabric #2:

\* Cut 3, 6" x WOF for **Strip Assembly "B"**

\* Cut 1, 6" x WOF; from this strip, cut 1, 6" x 17" for **Partial Strip Assembly "B"**

\* Cut 5, 1½" x WOF for border #2

### From Fabric #3:

\* Cut 6, 1½" x WOF for **Strip Assembly "A"**

\* Cut 6, 1½" x WOF for **Strip Assembly "B"**

\* Cut 2, 1½" x WOF; from each strip, cut 1, 1½" x 25" for **Partial Strip Assembly "A"**. From each remaining strip, cut 1, 1½" x 17" for **Partial Strip Assembly "B"**

\* Cut 4, 1½" x WOF for border #1

\* Cut 1, 1½" x WOF; from this strip, cut 1, 1½" x 30" for **Border #1 Extension**. From the remainder of this strip, cut 1, 1¼" x 10" for **Binding Extension**

\* Cut 5, 1¼" x WOF for binding

## From Backing Fabric:

\* Cut 2, 54" x WOF

## Step 1: Block "A" Assembly

Referring to **Strip Assembly "A"** diagram, using one fabric #1, 6" x WOF strip and 2 fabric #3, 1½" x WOF strips, sew together on long edges. Repeat using **Partial Strip Assembly "A"** strips, making 3 full and one partial assemblies. Cut into 18, 8" x 8" **Block "A"**.

## Step 2: Block "B"

### Assembly

Referring to **Strip Assembly "B"** diagram, using one fabric #2, 6" x WOF strip and 2 fabric #3, 1½" x WOF strips, sew together on long edges. Repeat using **Partial Strip Assembly "B"** strips, making 3 full and one partial assemblies. Cut into 17, 8" x 8" **Block "B"**.

## Step 3: Quilt Assembly

Referring to **Quilt Assembly** diagram, alternating and rotating **Blocks "A"** and **"B"** as shown, assemble 7 rows of 5 blocks each.

## Step 4: Borders

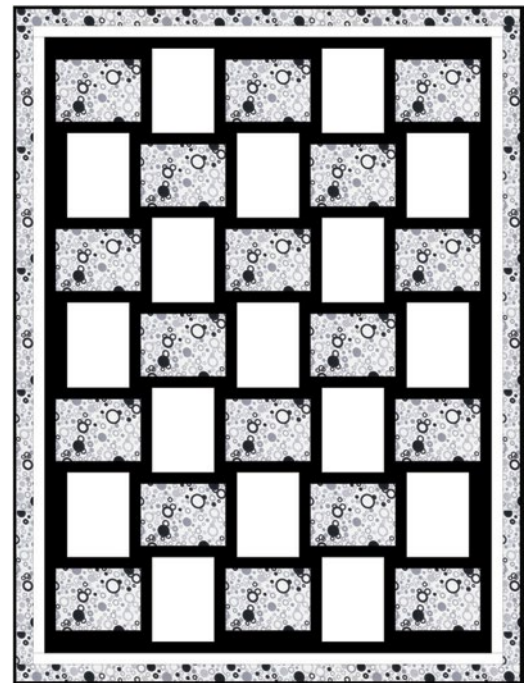
For border #1, using fabric #3, 1½" x WOF border strips and **Border #1 Extension**, sew together end to end. Sew strip to each side of quilt; trim even with top and bottom. Using remainder of strip, sew to top and bottom; trim even with sides. For border #2, repeat using fabric #2, 1½" x WOF border strips. For border #3, repeat using fabric #1, 2" x WOF border strips.

## Step 5: Backing & Binding

Sew backing fabric together along trimmed selvage edges; press. Layer top, batting and backing together; quilt as desired. For binding, using fabric #3, 1¼" x WOF binding strips and **Binding Extension**, sew strips together end to end. Press in half with wrong sides together; press one raw edge to center fold.

Place right side of binding to front side of quilt. Using a scant ¼", sew unpressed edge of binding to quilt, mitering corners. Fold to back and hand stitch in place.

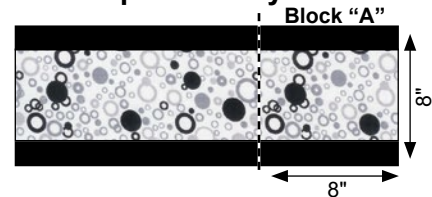
## Quilt Assembly



## Fabric Selection Guide

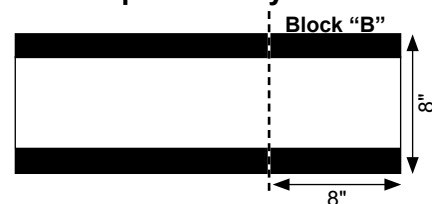


## Strip Assembly "A"



Make 3 full and one partial assemblies.  
Cut 18, 8" x 8" **Block "A"**

## Strip Assembly "B"



Make 3 full and one partial assemblies.  
Cut 17, 8" x 8" **Block "B"**

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